



Self-Help Hotline:
(213) 235-0060**

LAFLA Mainline:
(800) 399-4529
www.lafla.org

**LEGAL AID FOUNDATION OF LOS ANGELES
SELF-HELP LEGAL ACCESS CENTERS ****

Long Beach Courthouse
275 Magnolia Ave., Rm 3101
Long Beach, CA 90802

Santa Monica Courthouse
1725 Main St., Room 210
Santa Monica, CA 90401

Torrance Courthouse
825 Maple Ave., Room 160
Torrance, CA 90503

Inglewood Courthouse
1 E. Regent St., Room 107
Inglewood, CA 90301

HOTLINE ASSISTANCE IS AVAILABLE FOR SELF-REPRESENTED LITIGANTS. ALL SELF-HELP ASSISTANCE IS PROVIDED FREE OF CHARGE.

DISSOLUTION (DIVORCE)

(Long Beach*, Torrance*, Santa Monica)

PATERNITY

(Long Beach*, Torrance*, Santa Monica)

CUSTODY AND SUPPORT

(Long Beach*, Torrance*, Santa Monica)

UNLAWFUL DETAINER SUMMONS & COMPLAINT

(Santa Monica* and Inglewood)

RESTRAINING ORDERS

(Domestic Violence, Civil Harassment, Elder Abuse)

UNLAWFUL DETAINER ANSWERS (EVICTIONS)

CLAIM OF EXEMPTION

CONSERVATORSHIP*

Sponsored by Bet Tzedek
(Long Beach Only)

GUARDIANSHIP*

Sponsored by the Long Beach Bar Association (Long Beach Only – 2nd & 4th Thurs. of month)

NAME CHANGE

*Due to the continuing health related emergency, there are no workshops currently scheduled at the Self-Help Legal Access Centers for these items; however available assistance continues to be provided through our Hotline or by referral to online workshops. Please call for further details.

**In-Person Center assistance has transitioned to Over-The-Phone assistance until further notice.

LAFLA's Self-Help Hotline Number: (213) 235-0060

Hotline Hours: M-Th: 8:30am-12:00pm and 1:00pm-4:30pm; Fridays 8:30am-12:00pm

- Availability is dependent on staffing and the nature of your case.
- Please note that a few areas of assistance may be limited due to the current health emergency.
- If possible, please have your relevant court documents regarding your legal matter available to you prior to contacting us by phone.

The Self-Help Legal Access Centers provide legal information only.

No legal advice or representation is provided.

Referrals are available to address matters not handled by the Self-Help Legal Access Centers.

Select instructional guides to court forms and other resource materials are available on the LAFLA website at: <https://lafla.org/self-help/self-help-how-to-guides>