

## LAFLA Disaster Preparedness Guide

1. MAKE A PLAN



- Be familiar with common natural disasters in your area
- Review insurance policies (renters, homeowners, fire, flood, car, hazard, etc.)
- Communicate with family (divide responsibilities, plan where to meet, make a contact list) and create support system
- Review available disaster resources: Red Cross, FEMA, Ready.gov, CA Parks, Listos CA, Disaster Legal Assistance

2. PREPARE AHEAD



- Pack an emergency grab-and-go kit:
  - Cash and checks
  - Documents (insurance, birth/death/marriage certificates, tax documents, disaster plan)
  - Electronics (phone, chargers, radio, flashlight, batteries)
  - o Financial accounts (checkings, savings, debit/credit cards, retirement, investment) information
  - First aid kit
  - Housing (lease or rental agreement, mortgage, deed, property)
  - o Identification (driver's license, immigration paperwork, passport, SSN card)
  - Map (with list of family and friends' homes, shelters, pharmacies, stores)
  - o Medications (prescriptions, schedule, allergies, immunizations, pharmacy information, medical devices)
  - O Non-perishable foods + opener (scissors or can opener) for all including infant, baby, pet
  - Seasonal clothing
  - o Toiletries including menstrual supplies and personal hygiene products
  - Water (one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
  - Whistle
- Additional:
  - o Entertainment items: books, cards, games, pen, pencil, paper or notebook
  - Face masks, eye goggles, gloves
  - o Glasses, contacts, contact solution, cases
  - O Hand sanitizer, hand wipes, paper towels, napkins, trash bags
  - Personal and family photos, keepsakes, treasures
  - Sleeping bag

3. STAY INFORMED



- Sign up for free emergency alerts with state, county, city, and/or local officials
- Examples: <u>CalFire</u>, <u>Ready LA County</u>, <u>LA Fire Department</u>, <u>Watch Duty Map</u>, <u>Cal Alerts</u>, <u>Listos CA</u>, <u>CA Governor's Office</u>, <u>FEMA app</u>, <u>Red Cross app</u>
- Learn what different alerts mean (evacuation order, evacuation warning, shelter in place, etc.)

KEEP IN MIND



- Don't wait, evacuate! Evacuation orders mean you must leave immediately
- Call 9-1-1 if you need rescue
- Prepare for a rapidly changing disaster and updates on news/orders/priorities
- Common issues: power/water outages, road closures, limited resources, food spoilage, car batteries failing, delay in aid
- Final tips! Keep good records, update plan and kit as needed, prepare a kit for the car, practice your plan